

Joy In The Journey

It is morning again
A brand new day
And it begins much like yesterday
Is my glass half full or does it seem empty
I guess it depends.
Each day runs into another
Time flies so fast I lose track
But there's another perspective
If I just step back

Chorus

*And find joy in the journey
Thrills along the way
Every moment a blessing
Each day better than yesterday
Even through stops and sidetracks
On this one-way train of life
My heart remains ever thankful
That I was allowed the ride*

Time never stands still
There's always change
Sometimes it's a breath of fresh air
Or maybe the twists and turns of this road leave your
Head in a spin
But if each new day holds a promise
That there will not be one regret
Doubts and fears of the future
You can just forget

Repeat chorus

*My heart remains ever thankful
That I was allowed the ride*

Copyright © 2009 by Sara Lyn Baril. All rights reserved.